

## Planting Seeds of Hope Children's Center Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
10/30/23 - 11/3/23	<b>AM-</b> Cereal & Juice  <b>LUNCH-</b> Turkey Slider, Carrots, Pineapple & Milk  <b>PM-</b> Cheese Stick, Pretzels & Water	<b>AM-</b> Scrambled Eggs & Juice  <b>LUNCH-</b> Tater Tot Hamburger Casserole, Peas, Applesauce & Milk  <b>PM-</b> Cucumbers w/ Ranch & Juice	<b>AM-</b> Yogurt, Graham Cracker & Water  <b>LUNCH-</b> Pepperoni Pizza Burgers Mixed Veggies, Mand. Oranges & Milk  <b>PM-</b> Fig Newton & Juice	<b>AM-</b> French Toast Sticks & Juice  <b>LUNCH-</b> Chicken Patty Sandwich, Corn, Pears & Milk  <b>PM-</b> Cheez Its & Juice	<b>AM-</b> Sausage Patty & Juice <b>LUNCH-</b> Pasta w/ Meat Sauce, Green Beans, Peaches & Milk  <b>PM-</b> Apple Slice w/Peanut Butter & Water
11/6/23 - 11/10/23	<b>AM-</b> Pancakes & Juice  <b>LUNCH-</b> Cheeseburgers, Peas, Pears & Milk  <b>PM-</b> Pudding, Graham Crackers & Water	<b>AM-</b> Granola Bar & Juice <b>LUNCH-</b> Pepperoni Pizza Rolls, Corn, Peaches & Milk  <b>PM-</b> Hummus w/ Pita Bread & Water	<b>AM-</b> Apple Cinn. Oatmeal & Juice <b>LUNCH-</b> Mac & Cheese w/ Hot Dog, Gr Beans, Pineapple & Milk  <b>PM-</b> Chex Mix & Juice	<b>AM-</b> Mand. Oranges, Vanilla Wafers & Water <b>LUNCH-</b> Tomato Soup w/ PB Crackers, Mixed Veggies, Applesauce & Milk  <b>PM-</b> Goldfish & Juice	<b>AM-</b> Muffins & Juice  <b>LUNCH-</b> Fish Sticks, Carrots, Mand Oranges & Milk  <b>PM-</b> Pretzels & Juice
11/13/23 - 11/17/23	<b>AM-</b> Cottage Cheese, Wheat Crackers & Water <b>LUNCH-</b> Hot Dog w/bun, Carrots, Pineapple & Milk  <b>PM-</b> Cheez Its & Juice	<b>AM-</b> ½ Banana, Vanilla Wafers & Water <b>LUNCH-</b> Turkey Gravy & Rice, Gr Beans, Pears & Milk  <b>PM-</b> Goldfish & Juice	<b>AM-</b> Cereal & Juice  <b>LUNCH-</b> PBJ Sandwich, Peas, Peaches & Milk  <b>PM-</b> Peppers, Cheese stick & Water	<b>AM-</b> Scrambled Eggs & Juice <b>LUNCH-</b> Pepperoni Pizza Pasta Bake, Corn, Applesauce & Milk  <b>PM-</b> Chex Mix & Juice	<b>AM-</b> French Toast Sticks & Juice <b>LUNCH-</b> Chicken Patty Sandwich, Mixed Veggies, Mand. Oranges & Milk  <b>PM-</b> Fig Newton & Juice
11/20/23 - 11/24/23	<b>AM-</b> Granola Bar & Juice <b>LUNCH-</b> Hamburger Sandwich, Gr Beans, Peaches & Milk  <b>PM-</b> Hummus w/Pita Bread & Water	<b>AM-</b> Yogurt, Graham Cracker & Water <b>LUNCH-</b> Meat Ravioli, Corn, Mand. Oranges & Milk  <b>PM-</b> Apple Slice w/ Peanut Butter & Water	<b>AM-</b> Sausage Patty & Juice <b>LUNCH-</b> Meat & Cheese Sandwich, Mixed Veggies, Applesauce & Milk  <b>PM-</b> Pretzels & Juice	<b>No School</b>	<b>No School</b>

Juice is 100% Juice-Infant 2 have milk to drink at all snacks and meals.

Infant 2 do not get any Peanut Butter - PBJ is substituted with meat & cheese with crackers, Cheese PB Crackers is substituted with other crackers, Lunch Infant 2 PB crackers substituted with Turkey Slices