

Planting Seeds of Hope Children's Center Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
09/28/26 - 10/2/26	AM -Cereal & Juice LUNCH - Pasta w/ Pepperoni, Corn, Peaches PM -Fig Newton & Milk	AM -Cottage Cheese w/ Crackers & Water LUNCH - Hot Dog, Green Beans, Applesauce PM -Apples & Milk	AM -Oatmeal & Milk LUNCH - Chicken Sandwich, Carrots, Pears PM -Goldfish & Milk	AM -1/2 Banana, Wafers & Water LUNCH - Hamburger w/Bun, Peas, Pears PM -Cheez Its & Milk	AM -Granola Bar & Milk LUNCH - PBJ Sandwich, Mixed Vegetables, Mand. Oranges PM - Cheese Stick w/ Crackers & Water
10/5/26 - 10/9/26	AM -Oatmeal & Milk LUNCH - Chix Noodle Soup w/ Crackers, Carrots, Pears PM -PB Crackers & Milk	AM -Yogurt w/ Graham Crackers & Water LUNCH - Pepperoni Pizza Burgers, Peas, Applesauce PM -Fig Newtons and Milk	AM -Pancakes & Milk LUNCH - Pasta with Hamburger, Green Beans, Mand. Oranges PM -Chex Mix & Juice	AM -Hard Boiled Egg & Milk LUNCH - Meat & Cheese Sandwich, Mixed Vegetables, Pineapple PM -Pudding w/ Wafers & Water	AM - Muffins & Milk LUNCH - Hot Dog w/ Bun, Corn, Peaches PM -Animal Crackers & Milk
10/12/26 - 10/16/26	AM -Granola Bar & Juice LUNCH - Chicken Sandwich, Gr. Beans, Applesauce PM -Pretzels & Milk	AM - Cereal & Milk LUNCH - Hamburger Taco Bowl, Corn, Mand. Oranges PM -Goldfish & Milk	AM -Cottage Cheese w/ Crackers & Water LUNCH - Cheeseburgers, Peas, Peaches PM -Oyster Crackers & Juice	AM -Scrambled Eggs & Milk LUNCH - Mac & Cheese w/ Hot Dog, Carrots, Pears PM -Apples & Milk	AM -Sausage Patty & Milk LUNCH - Pepperoni Pizza Sliders, Mixed Veggies, Pineapple PM -Cheez Its & Milk
10/19/26 - 10/23/26	AM -Yogurt, Graham Cracker & Water LUNCH - Meat, Cheese & Crackers, Carrots, Pears PM -Chex Mix & Juice	AM -Muffins & Milk LUNCH - Meat Ravioli, Corn, Peaches PM -Animal Crackers & Milk	AM -1/2 Banana w/ Crackers & Water LUNCH - Tater Tot Hamburger Casserole, Gr Beans, Pineapple PM -Cheese Stick w/ Crackers & Water	AM -Pancakes & Milk LUNCH - Chicken Noodle Soup w/ Crackers, Mixed Vegetables, Mandarin Oranges PM -Pudding with Vanilla Wafers & Water	AM -Oatmeal & Milk LUNCH - PBJ Sandwich, Peas, Applesauce PM -Pretzels & Milk
10/26/26 - 10/30/26	AM -Cereal & Juice LUNCH - Pasta w/ Pepperoni, Corn, Peaches PM -Fig Newton & Milk	AM -Mand. Oranges w/ Wafers & Water LUNCH - Hot Dog w/ Bun, Green Beans, Applesauce PM -PB Crackers & Milk	AM -French Toast & Milk LUNCH - Chicken Sandwich, Carrots, Pears PM -Apples & Milk	AM -1/2 Banana, Wafers & Water LUNCH - Cheeseburger w/Bun, Peas, Pears PM -Cheez Its & Milk	AM -Scrambled Eggs & Milk LUNCH - Mac & Cheese w/ Hot Dog, Carrots, Pears PM -Apples & Milk

Milk is served with all lunches. Juice is 100%. Infant 2 children are always served milk. Children are offered water with snacks.

Infant 2 children are not served Peanut Butter-PBJ is substituted with a meat & cheese with crackers & PB Crackers are substituted with other crackers