

Planting Seeds of Hope Children's Center Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
7/6/26 - 7/10/26	AM -Cereal & Juice LUNCH- PBJ Sandwich , Corn, Peaches PM -Fig Newton & Juice	AM -Cottage Cheese w/ Cracker & Water LUNCH- Pepperoni Pizza Roll Ups, Gr. Beans, Pineapple PM -Cheez Its Mix & Milk	AM -French Toast & Milk LUNCH- Fish Sticks, Carrots, Applesauce PM - PB Crackers & Milk	AM -Hard Boiled Egg & Juice LUNCH- Hamburger w/Bun, Peas, Pears PM -Pretzels & Milk	AM -Granola Bar & Milk LUNCH- Meat Ravioli, Mixed Vegetables, Mand. Oranges PM - Cheese Stick w/ Crackers & Water
7/13/26 - 7/17/26	AM -Oatmeal & Milk LUNCH- Meat & Cheese Sandwich, Carrots, Pears PM -Goldfish & Milk	AM -Yogurt w/ Graham Crackers & Water LUNCH- Pasta with Hamburger, Green Beans, Mand. Oranges PM -Apples and Milk	AM -Pancakes & Milk LUNCH- Pepperoni Pizza Burgers, Peas, Applesauce PM -Chex Mix Its & Juice	AM -Sausage Patty & Juice LUNCH- Salad w/ Chicken, Mixed Vegetables, Pineapple PM -Pudding w/ Wafers & Water	AM - Muffins & Milk LUNCH- Hot Dog, Corn, Peaches PM -Animal Crackers w/ Funfetti Dip & Milk
7/20/26 - 7/24/26	AM -Granola Bar & Juice LUNCH- Chicken Sandwich, Gr. Beans, Applesauce PM -Pretzels & Milk	AM -Oatmeal & Milk LUNCH- Cheeseburger w/ Bun, Corn, Mand. Oranges PM - PB Crackers & Milk	AM -Mandarin Oranges w/ Wafers & Water LUNCH- Pasta with Pepperoni, Peas, Peaches PM -Oyster Crackers & Juice	AM -Cereal & Milk LUNCH- Mac & Cheese w/ Hot Dog, Carrots, Pears PM -Fig Newton & Milk	AM -½ Banana w/ Wafers & Water LUNCH- PBJ Sandwich , Mixed Veggies, Pineapple PM -Goldfish & Milk
7/27/26 - 7/31/26	AM -Yogurt, Graham Cracker & Water LUNCH- Meat Ravioli, Carrots, Pears PM -Chex Mix & Juice	AM -Muffins & Milk LUNCH- Hamburger Taco Bowls, Corn, Peaches PM -Funfetti Dip w/ Animal Crackers & Milk	AM -Pancakes & Juice LUNCH- Tater Tot Hamburger Casserole, Gr Beans, Pineapple PM -Cheese Stick w/ Crackers & Water	AM -Cottage Cheese w/ Crackers & Water LUNCH- Hot Dog, Mixed Vegetables, Mandarin Oranges PM -Pudding with Vanilla Wafers & Water	AM -Scrambled Eggs & Milk LUNCH- Pepperoni Pizza Sliders, Peas, Applesauce PM -Cheez Its & Milk

Milk is served with all lunches. Juice is 100%. Infant 2 children are always served milk. Children are offered water with snacks.

Infant 2 children are not served Peanut Butter-**PBJ is substituted with a meat & cheese with crackers & PB Crackers are substituted with other crackers**