Planting Seeds of Hope Children's Center Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
	AM- Mandarin Oranges, Nilla Wafers & Water	AM- Scrambled Eggs & Juice	AM-Pancakes & Juice	AM- Granola Bar & Juice LUNCH-	AM- Cereal & Juice
8/28/23-	Lunch-	LUNCH-	LUNCH-	Hamburger Tater Tot	LUNCH-
9/1/23	Pepperoni Pizza Pasta	PBJ Sandwich, Corn,	Hot Dog with Bun, Carrots,	Casserole, Green Beans,	Fish Sticks, Mixed Vegs,
0, 1, 20	Casserole, Peas, Pears &	Mand. Oranges & Milk	Applesauce & Milk	Peaches & Milk	Pineapple & Milk
	Milk		PM- Apple Slice w/Peanut	PM- Peppers, Cheese	PM- Chex Mix & Juice
	PM- Cheez Its & Juice	PM- Fig Newton & Juice	Butter& Water	Stick & Water	
		AM- Yogurt, Graham	AM- Cereal & Juice	AM- Cottage Cheese, Crackers & Water	AM- Muffins & Juice
9/4/23	Center	Cracker & Water LUNCH-	LUNCH-	LUNCH-	LUNCH-
-	Closed	Meat & Cheese Sandwich,	Meat Ravioli, Gr Beans, Pineapple & Milk	Pepperoni Pizza Sliders,	Sloppy Joe Bake, Carrots, Applesauce & Milk
9/8/23	Labor Day	Corn, Peaches & Milk	PM- Cucumbers w/ Ranch	Mixed Vegs, Mand Oranges &	Applesauce & Ivilik
	Luboi Buy	PM- Goldfish & Juice	& Juice	Milk	PM- Peanut Butter Crackers
		- III	5. 65.65	PM- Hummus w/ Pita Bread & Water	& Juice
	AM- Apple Cinn. Oatmeal	AM- French Toast & Juice	AM- Hard Boiled Egg &	AM- Sausage Patty &	AM- Pancakes & Juice
9/11/23	& Juice		Juice	Juice	
-	Lunch-	Lunch-	Lunch-	Lunch-	Lunch-
9/15/23	Cheeseburger on Bun,	Mac & Cheese w/ Hot Dog,	Chicken Patty Sandwich,	Fish Sticks, Green Beans,	Beef Burrito, Corn, Mand.
	Mixed Vegs, Peaches & Milk	Peas, Pineapple & Milk	Carrots, Pears & Milk	Applesauce & Milk	Oranges & Milk
	PM- Broccoli w/ Ranch &	PM Pudding, Wafers &	PM- Goldfish & Juice	PM- Cheez Its & Juice	PM- Cheese Stick w/
	Juice	Water			Pretzels & Water
	AM- Yogurt, Graham	AM- Pancakes & Juice	AM- Muffins & Juice	AM- ½ Banana w/ Nilla	AM- Granola Bar & Juice
9/18/23	Cracker & Water	Lumah	Lumah	Wafers & Water	Louise
-	Lunch- Hot Dog w/ Bun, Corn,	Lunch- Hamburger Tater Tot	Lunch- PBJ Sandwich , Peas,	Lunch- Pasta with Meat Sauce,	Lunch- Meat & Cheese Sandwich,
9/22/23	Peaches & Milk	Casserole, Green Beans,	Applesauce & Milk	Mixed Vegs, Pineapple &	Carrots, Pears & Milk
	PM- Peanut Butter	Mand. Oranges & Milk	Applesauce a Milk	Milk	Garrots, i cars & wink
	Crackers& Juice	PM- Apple Slice w/Peanut	PM- Chex Mix & Juice	PM- Cucumbers w/ Ranch	PM- Fig Newton & Juice
		Butter& Water		& Juice	3
	AM- Cereal & Juice	AM- Sausage Patty & Juice	AM- Apple Cinn. Oatmeal & Juice	AM- Scrambled Eggs & Juice	AM- French Toast & Juice
9/25/23	Lunch-	Lunch-	Lunch-	Lunch-	Lunch-
3123123	Chicken Patty Sandwich,	Turkey Quesadilla, Carrots,	Meat & Cheese Sandwich,	Meat Ravioli, Peas, Pears	Hamburger on Bun, Mixed
9/29/23	Green Beans, Applesauce	Pineapple & Milk	Corn, Peaches & Milk	& Milk	Vegs, Mand. Oranges &
3123123	& Milk	PM- Peppers, Cheese Stick	PM- Hummus w/ Pita	PM- Pudding, Wafers &	Milk
	PM- Goldfish & Juice	& Water	Bread & Water	Juice	PM- Pretzels & Juice

Juice is 100% Juice-Infant 2 have milk to drink at all snacks and meals.

Infant 2 do not get any Peanut Butter - PBJ is substituted with a meat & cheese with crackers, Cheese PB Crackers is substituted with other crackers,