

Planting Seeds of Hope Children's Center Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
4/1/24 - 4/5/24	AM -Cottage Cheese w/ Oyster Crackers & Water LUNCH - Pepperoni Pizza Burgers, Carrots, Pears PM -PB Crackers & Juice	AM -Sausage Patty & Juice LUNCH - Salad w/Chicken, Corn, Mand. Oranges PM -Cheese Its & Juice	AM -Pancakes & Juice LUNCH - Pasta with Pepperoni, Peas, Applesauce PM -Fig Newton & Juice	AM - Mand Orange w/ Nilla Wafers & Water LUNCH - PBJ Sandwich, Green Beans, Peaches PM -Goldfish & Juice	AM -Cereal & Juice LUNCH - Fish Sticks, Mixed Vegs, Pineapple PM -Chex Mix & Juice
4/8/24 - 4/12/24	AM -Yogurt, Graham Cracker & Water LUNCH - Meat Ravioli, Peas, Pears PM - pudding & Juice	AM -Oatmeal & Juice LUNCH - Cheeseburger, Corn, Peaches PM -PB w/ Pita Bread & Water	AM -Muffins & Juice LUNCH - Tater Tot Hamburger Casserole, Gr Beans, Pineapple PM -Goldfish & Juice	AM -Granola Bar & Juice LUNCH - Pepperoni Pizza Rolls, Mixed Vegs, Mand Oranges PM -Apple Slices w/ Peanut Butter & Water	AM -Scrambled Eggs & Juice LUNCH - Mac & Cheese w/ Hot Dog, Carrots, Applesauce PM -Cheez Its & Juice
4/15/24 - 4/19/24	AM -½ Banana w/ Nilla Wafers & Water LUNCH - Meat & Cheese Sandwich, Mixed Vegs, Peaches PM -Peppers w/ Ranch & Juice	AM -French Toast & Juice LUNCH - Beef Burrito, Carrots, Pineapple PM -Chex Mix & Juice	AM -Hard Boiled Egg & Juice LUNCH - Fish Sticks, Green Beans, Applesauce PM -PB Roll-Up & Water	AM -Cereal & Juice LUNCH - Chicken Noodle Soup w/ Goldfish Crackers, Peas, Pears PM -Pretzels & Juice	AM -Sausage Patty & Juice LUNCH - Hot Dog w/ Bun, Corn, Mand. Oranges PM -Oyster Crackers & Juice
4/22/24 - 4/26/24	AM -Oatmeal & Juice LUNCH - Salad w/ Chicken, Corn, Peaches PM -Apple Slices w/ Peanut Butter & Water	AM -Pancakes & Juice LUNCH - Meat Ravioli, Green Beans, Mand. Oranges PM - Fig Newton & Juice	AM -Muffins & Juice LUNCH - PBJ Sandwich, Peas, Applesauce PM -Cheez Its & Juice	AM -Yogurt, Graham Cracker & Water LUNCH - Hamburger Sandwich, Mixed Vegs, Pineapple PM -Cucumbers w/ Ranch & Juice	AM -Granola Bar & Juice LUNCH - Pasta w/ Meat Sauce, Carrots, Pears PM - pudding & Juice

Milk is served with all lunches. Juice is 100%.

Infant 2 children are always served milk. Any snacks that are dairy will be served with an additional grain.

Infant 2 children are not served Peanut Butter-PBJ is substituted with a meat & cheese with crackers & PB Crackers are substituted with other crackers