

## Planting Seeds of Hope Children's Center Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
1/5/26 - 1/9/26	AM-Cereal & Juice <b>LUNCH-</b> Chicken Patty Sandwich, Mixed Veggies, Peaches <b>PM-</b> Cheese stick & Juice	AM-Pancakes & Juice <b>LUNCH-</b> Pepperoni Pizza Burgers, Carrots, Pineapple <b>PM-Chex Mix &amp; Juice</b>	AM-Oatmeal & Juice <b>LUNCH-</b> Fish Sticks, Green Beans, Applesauce <b>PM- Goldfish &amp; Juice</b>	AM-Muffins & Juice <b>LUNCH-</b> Cheeseburger, Peas, Pears <b>PM-Animal Cracker &amp;</b> Juice	AM- 1/2 Banana w/ Graham Cracker & Water <b>LUNCH-</b> Pasta w/ Meat Sauce, Corn, Mand. Oranges <b>PM-Oyster Crackers &amp;</b> Juice
1/12/26 - 1/16/26	AM-Granola Bar & Juice <b>LUNCH-</b> Hot Dog w/ Bun, Carrots, Peaches <b>PM-Apple Slices w/</b> <b>Peanut Butter &amp; Water</b>	AM-French Toast & Juice <b>LUNCH-</b> Meat Ravioli, Green Beans, Mand. Oranges <b>PM- Fig Newton &amp; Juice</b>	AM-Yogurt, Graham Cracker & Water <b>LUNCH-</b> Hamburger Taco Bowls, Peas, Applesauce <b>PM-Cheez Its &amp; Juice</b>	AM-Hard Boiled Egg & Juice <b>LUNCH-</b> Meat & Cheese Sandwich, Mixed Veggies, Pineapple <b>PM-Pudding w/ Wafers</b> & Water	AM- Sausage Patty Juice <b>LUNCH-</b> Chicken Noodle Soup w/ baked Corn, Pears <b>PM-Jello, Pretzels</b> & Juice
1/19/26 - 1/23/26	AM-Cottage Cheese w/ Wheat Thin Crackers & Water <b>LUNCH-</b> Mac & Cheese w/Hot Dogs, Gr. Beans, Peaches <b>PM- Cheese, Crackers</b> & Juice	AM-1/2 Banana, Graham Cracker & Water <b>LUNCH-</b> Beef Burrito, Corn, Mand. Oranges <b>PM-Cucumber w/ ranch</b> & Juice	AM-Muffins & Juice <b>LUNCH-</b> Pasta with Pepperoni, Peas, Applesauce <b>PM-Animal Crackers &amp;</b> Juice	AM- Mand Orange w/ Nilla Wafers & Water <b>LUNCH-</b> <b>PBJ Sandwich</b> , Carrots, Pears <b>PM-Goldfish &amp; Juice</b>	AM-Cereal & Juice <b>LUNCH-</b> Fish Sticks, Mixed Vegs, Pineapple <b>PM-Chex Mix &amp; Juice</b>
1/26/26 - 1/30/26	AM-Yogurt, Graham Cracker & Water <b>LUNCH-</b> Chicken Noodle Soup w/ Baked Corn, Pears <b>PM-Cheese Its &amp; Juice</b>	AM-Oatmeal & Juice <b>LUNCH-</b> Pepperoni Pizza Rollups, Peaches & Green beans <b>PM- Cheese Stick,</b> Pretzels & Water	AM-Pancakes & Juice <b>LUNCH-</b> Tater Tot Hamburger Casserole, Carrots, Pineapple <b>PM-Pudding w/ Wafers</b> & Water	AM-Granola Bar & Juice <b>LUNCH-</b> Meat Ravioli, Mixed Vegs, <b>Mand</b> Oranges <b>PM-Apple Slices w/</b> <b>Peanut Butter &amp; Water</b>	AM-Scrambled Eggs & Juice <b>LUNCH-</b> Cheeseburgers, Peas, Applesauce <b>PM-Fig Newton &amp; Juice</b>

Milk is served with all lunches. Juice is 100%. Infant 2 children are always served milk. Any snacks that are dairy will be served with an additional grain. Infant 2 children are not served Peanut Butter-**PBJ** is substituted with a meat & cheese with crackers & PB Crackers are substituted with other crackers