

Planting Seeds of Hope Children's Center Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
1/5/26 - 1/9/26	AM -Cereal & Juice LUNCH - Chicken Patty Sandwich, Mixed Veggies, Peaches PM - Cheese stick & Juice	AM -Pancakes & Juice LUNCH - Pepperoni Pizza Burgers, Carrots, Pineapple PM -Chex Mix & Juice	AM -Oatmeal & Juice LUNCH - Fish Sticks, Green Beans, Applesauce PM - Goldfish & Juice	AM -Muffins & Juice LUNCH - Cheeseburger, Peas, Pears PM -Animal Cracker & Juice	AM - ½ Banana w/ Graham Cracker & Water LUNCH - Pasta w/ Meat Sauce, Corn, Mand. Oranges PM -Oyster Crackers & Juice
1/12/26 - 1/16/26	AM -Granola Bar & Juice LUNCH - Hot Dog w/ Bun, Carrots, Peaches PM -Apple Slices w/ Peanut Butter & Water	AM -French Toast & Juice LUNCH - Meat Ravioli, Green Beans, Mand. Oranges PM - Fig Newton & Juice	AM -Yogurt, Graham Cracker & Water LUNCH - Hamburger Taco Bowls, Peas, Applesauce PM -Cheez Its & Juice	AM -Hard Boiled Egg & Juice LUNCH - Meat & Cheese Sandwich, Mixed Veggies, Pineapple PM -Pudding w/ Wafers & Water	AM - Sausage Patty Juice LUNCH - Chicken Noodle Soup w/ baked Corn, Pears PM -Jello, Pretzels & Juice
1/19/26 - 1/23/26	AM -Cottage Cheese w/ Wheat Thin Crackers & Water LUNCH - Mac & Cheese w/Hot Dogs, Gr. Beans, Peaches PM - Cheese, Crackers & Juice	AM -½ Banana, Graham Cracker & Water LUNCH - Beef Burrito, Corn, Mand. Oranges PM -Cucumber w/ ranch & Juice	AM -Muffins & Juice LUNCH - Pasta with Pepperoni, Peas, Applesauce PM -Animal Crackers & Juice	AM - Mand Orange w/ Nilla Wafers & Water LUNCH - PBJ Sandwich, Carrots, Pears PM -Goldfish & Juice	AM -Cereal & Juice LUNCH - Fish Sticks, Mixed Veggies, Pineapple PM -Chex Mix & Juice
1/26/26 - 1/30/26	AM -Yogurt, Graham Cracker & Water LUNCH - Chicken Noodle Soup w/ Baked Corn, Pears PM -Cheese Its & Juice	AM -Oatmeal & Juice LUNCH - Pepperoni Pizza Rollups, Peaches & Green beans PM - Cheese Stick, Pretzels & Water	AM -Pancakes & Juice LUNCH - Tater Tot Hamburger Casserole, Carrots, Pineapple PM -Pudding w/ Wafers & Water	AM -Granola Bar & Juice LUNCH - Meat Ravioli, Mixed Veggies, Mand Oranges PM -Apple Slices w/ Peanut Butter & Water	AM -Scrambled Eggs & Juice LUNCH - Cheeseburgers, Peas, Applesauce PM -Fig Newton & Juice

Milk is served with all lunches. Juice is 100%. Infant 2 children are always served milk. Any snacks that are dairy will be served with an additional grain.
 Infant 2 children are not served Peanut Butter-PBJ is substituted with a meat & cheese with crackers & PB Crackers are substituted with other crackers