

Planting Seeds of Hope Children's Center Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
9/2/24 - 9/6/24	Center Closed	AM -Cottage Cheese w/ Cracker & Water LUNCH - Pepperoni Pizza Burgers, Carrots, Pineapple PM -Chex Mix & Juice	AM -French Toast & Juice LUNCH - Fish Sticks, Green Beans, Applesauce PM -PB Crackers & Water	AM -Hard Boiled Egg & Juice LUNCH - Hamburger w/Bun, Peas, Pears PM -Pretzels & Juice	AM -Granola Bar & Juice LUNCH - Meat Ravioli, Corn, Mand. Oranges PM -Oyster Crackers & Juice
9/9/24 - 9/13/24	AM -Cereal & Juice LUNCH - Hot Dog w/ Bun, Corn, Peaches PM -Fig Newton & Juice	AM -Pancakes & Juice LUNCH - Pasta with Meat Sauce, Green Beans, Mand. Oranges PM -Apple with Peanut Butter and Water	AM -Yogurt, Graham Cracker & Water LUNCH - Hamburger Taco Bowls, Peas, Applesauce PM -Cheez Its & Juice	AM -Sausage Patty & Juice LUNCH - Meat & Cheese w/ Crackers, Mixed Veggies, Pineapple PM -Pudding w/ Wafers & Water	AM -½ Banana w/ Graham Cracker & Water LUNCH - Beef Burrito, Carrots, Pears PM -Cheese Stick with Peppers & Water
9/16/24 - 9/20/24	AM -French Toast with Juice LUNCH - Mac & Cheese w/Hot Dogs, Carrots, Pears PM -Pretzels & Juice	AM -Muffins & Juice LUNCH - Hamburger w/ Bun, Corn, Mand. Oranges PM -PB Crackers & Water	AM -Oatmeal & Juice LUNCH - Pasta with Pepperoni, Peas, Applesauce PM -Oyster Crackers & Juice	AM -Mand Orange w/ Nilla Wafers & Water LUNCH - Chicken Sandwich, Green Beans, Peaches PM -Goldfish & Juice	AM -Cereal & Juice LUNCH - Fish Sticks, Mixed Veggies, Pineapple PM -Chex Mix & Juice
9/23/24 - 9/27/24	AM -Yogurt, Graham Cracker & Water LUNCH - Meat & Cheese w/ Crackers, Peas, Pears PM -Goldfish & Juice	AM -Granola Bars & Juice LUNCH - Hamburger Taco Bowls, Corn, Peaches PM -Cucumbers w/ Ranch & Juice	AM -Pancakes & Juice LUNCH - Tater Tot Hamburger Casserole, Gr Beans, Pineapple PM -Cheese Stick w/ Peppers & Water	AM -Oatmeal & Juice LUNCH - PBJ Sandwich, Mixed Veggies, Mand Oranges PM -Pudding with Vanilla Wafers & Water	AM -Scrambled Eggs & Juice LUNCH - Cheeseburgers, Carrots, Applesauce PM -Cheez Its & Juice

Milk is served with all lunches. Juice is 100%. Infant 2 children are always served milk. Any snacks that are dairy will be served with an additional grain.
 Infant 2 children are not served Peanut Butter- PBJ is substituted with a meat & cheese with crackers & PB Crackers are substituted with other crackers